

## How to Break Bad Habits



**Keywords** mental health, psychiatrist, psychologist, best psychiatrist in karachi and best psychologist in karachi, best alcohol and drug rehabilitation center in karachi

**URL** <https://www.businessbook.pk/videos/detail/how-to-break-bad-habits-171>

My name is Nadeem Iqbal and I am a psychologist and life coach and qualified personal development, parenting, sales, spirituality, leadership, NLP, and addiction rehabilitation specialist. I am truly passionate about life coaching and helping people to make a difference and achieve success.

## POSTED BY

Psychiatrist and Psychologist / Mental Health Counselling and Consulting

**Address** 1-A 1/29, Block 1 Nazimabad, Karachi, Karachi City, Sindh 74600

**Contact Person** Nadeem Iqbal

**Mobile Number** 021-36617712

**Email** [sadaqatclinickarachi@live.com](mailto:sadaqatclinickarachi@live.com)

For more details, please visit <https://www.businessbook.pk/detail/psychiatrist-and-psychologist-mental-health-counselling-and-consulting-karachi-128565>

---