

best manufacturers of himalayan salt lamps

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Salt Lamp

The orange shade coming out of the [Himalayan pink salt](#) lamp creates a calming and soothing atmosphere. This natural air purifier makes you feel sound in health and boosts your energy. A Himalayan salt lamp is not just used as a therapeutic remedy but also adds value to the aesthetics of your personal and private space like; your home, office, and room or can also be used as a mild night light.

Himalayan salt lamp

The colorful lights emerge from the Himalayan rock salt lamp bring a steady and continuous sense of peace and serenity. The beauty of the Himalayan pink salt lamp is that if it breaks into the pieces simply collect the crystals after washing them crush it in a grinder and use it as edible salt to make your food more delicious and tasteful.

Rock salt Lamps are made of 100 % natural Himalayan salt and come in different shapes and sizes. The base of the salt lamp is made of wood which fumigates with pest repellent and makes it termite-free. The estimated life of the LED salt lamp is 5000 hours.

Salt lamps History:

Salt lamps are famous for their distinctive looks and emit a warming orange glow when lit. In reality, they are made by placing a light bulb inside a variable-size chunk of pink Himalayan salt. Real Himalayan salt lamps are made of 100% natural salt harvest from the salt mines situated in Khewra, Pakistan.

Himalayan rock salt lamps are the chunks of rock salt, mined from the ancient mountains of the Himalayas in or near Pakistan. The lamps are curving in such a way that they provide a hollow space for the insertion of a light bulb. The Himalayan salt is purer when compare with the common table salt and contains enormous elements and minerals which give the salt a pink or light orange color. The bulb in the lamp emits a pinkish glow when lit. The rock salt lamps are best known for being alluring and providing a calming aura to the surroundings.

Befits of Himalayan salt lamp

The Himalayan salt lamps come in a variety of shapes and sizes for the convenience of the buyers.

When we talk about the benefits of [Himalayan rock salt lamps](#) we can mention undoubtedly that the lamps not only look pleasing and decorative but also help purify the air from allergens and dust particles thus leading you to breathe finer.

Himalayan pink salt lamps are hygroscopic in nature i.e. they attract the water molecules from the air and remove any humidity and moisture thus helping people with asthma and certain allergies to breathe comfortably. The negative ions discharge the lamp provide a feeling of wellbeing and create a pleasant effect on one's mood. The negative ionization of air the lamp proves beneficial in reducing stress and contamination of surrounding the bacteria.

Some people buy salt lamps only because the way they look and cherish the pink light coming out of lamps creates a soulful ambiance. However, for some, their appealing health benefits are more attractive.

Improve Air Quality:

Out of the many health benefits of the Himalayan salt lamp, there are a few which catch more attention. The most common is that salt lamps improve the air quality of the surrounding where they are placed. Specifically, they claim to be beneficial for people with different allergies, asthma, or diseases that create an impact on respiratory function.

From ancient times halotherapy is using to treat respiratory conditions. People with chronic conditions are said to benefit from spending time in salt caves.

Mood support:

Besides treating breathing conditions salt lamps are seen as mood elevators or mood booster. When salt lamps are warm it emits negative ions which belief to cross-match with positive ions and removes pathogens present in the air and releases stress.

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